

# Essence of Authentic Italy

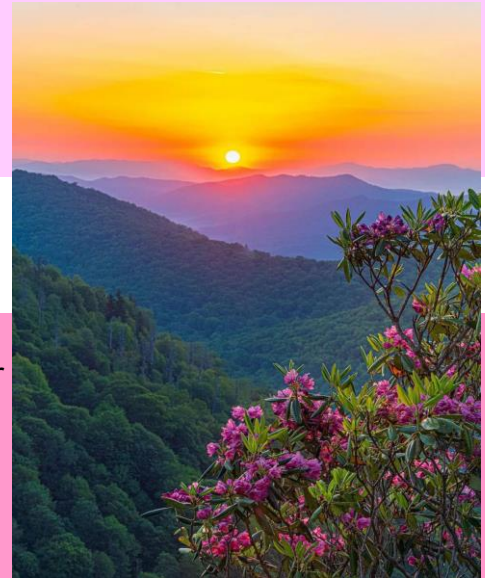
## Regions of Tuscany, Umbria & Abruzzo

### Women's Retreat May 11-20, 2027

Five Spaces Remain

#### Itinerary:

**Tues. May 11:** Arrive in Rome. (FCO). Designated Meet-up at airport for transportation to the hamlet of Saturnia, a two hour drive. Check into our lodgings, Fattoria Pianetti, in the Tuscan countryside, a beautiful 16<sup>th</sup> century stone farmhouse with wonderful breakfast. Cascade del Mulino, a 3,000 year old mythological site of natural hot springs was home to the ancient Etruscans. Relaxation time at the Hot Springs. Get Acquainted Dinner.



**Wed. May 12:** A visit to the medieval villages in the neighborhood: Pitigliano, a Jewish community & a living museum; the hilltop Manciano, a cultural & culinary gem; Scansano, surrounded by hills of vineyards, home of Morellino wine. Late afternoon, back to the Hot Springs.

**Thurs. May 13:** Depart for 2 hour drive to Siena, in the true heart of Tuscany. Home to The Duomo di Siena, one of Italy's most spectacular Gothic cathedrals, our private guide will give us an appreciation for Siena's unique architecture & beauty & designation as a UNESCO Site in 1995.

**Late afternoon:** 2 hr. drive to Spello & our lodgings at La Tenda di Sant'Angela. Dinner in Spello. Spello sits on the slopes of Mt. Subasio & is renowned for its artistic heritage as well as one of the most beautifully preserved towns in Umbria as well as a town where "time stood still." Sites we will visit: Santa Maria Maggiore, Villa of Mosaics-1501, Roman Aqueduct. [www.spello.org](http://www.spello.org), [www.bella-umbria.com](http://www.bella-umbria.com).

**Fri. May 14:** A 15 minute drive to Assisi for a privately guided tour (with headphones) of the Basilica of Santa Chiara & the essence of the city that witnessed the lives of Saint Francis & Saint Clare.

**Sat. May 15:** Collepinio & San Giovanni, Eremo delle Carceri di Assisi, Hermitage Sites of Saint Claire & St. Francis. San Damiano Shrine where St. Francis wrote Canticle of Creatures.

**Sun. May 16:** Depart for Pineto, in the region of Abruzzo on the Adriatic. Our lodging is at La Pineta on the sea with reserved chairs on the beach. The town is small, flat & picturesque. The beach is safe with lovely white sand. We have three nights on the beach!!!

**Mon. May 17:** A drive down the coast of the Adriatic to dine at a "Trabocchi", once Abruzzese fishing platforms, now famous as restaurants.

**Tues. May 18:** An Italian Cooking Class and Beach Time.

**Wed. May 19:** Morning, beach time. Afternoon, return to Rome airport hotel.

**Thurs. May 20:** Shuttle to airport.

**Details:** 7 Women Max. Double occupancy per person: \$1525 Single: \$1975

**Deposit per person:** \$400. 50% of deposit refundable until Feb 11, 2026, when balance is due.

**Includes:** 9 nites lodging, 8 breakfasts, 2 guided tours, all entrance fees, ground transportation & departing airport shuttle.

To Register, make a deposit: Zelle [backroadsjoy@gmail.com](mailto:backroadsjoy@gmail.com) , Or check to: Tours by Sierra P.O. Box 912, Green Valley, Az 85622. Contact: Joyce Sierra, 520-404-2254.

Trip Insurance: Two that are less costly are [www.freely.me](http://www.freely.me), [www.safetywing.com](http://www.safetywing.com), [www.insuremytrip.com](http://www.insuremytrip.com) , [www.allianz.com](http://www.allianz.com) or drop down menu: [www.toursbysierra.com](http://www.toursbysierra.com).

Flights roundtrip into Rome, (FCO). Airfare not included. I will share information on airlines to obtain the best airline rates. Check Passports: Passports must NOT EXPIRE within SIX MONTHS BEFORE RETURNING TO U.S.

The best trips are never just about destinations. They're about shared moments, small discoveries, and the people we meet along the way. ) [www.toursbysierra.com](http://www.toursbysierra.com).